

# CAPCA II PROJECT

## CENTRAL ARCHDIOCESAN PROVINCE AGRICULTURAL DEVELOPMENT PROJECT FOR POVERTY ALLEVIATION

in

- Masaka,
- Rakai,
- Mpigi,
- Wakiso,
- Mubende,
- Luwero,
- Nakaseke,
- Nakasongola
- and Mukono Districts.



2011







Mr. Njogerere Richard, Coordinator CIDI Rakai giving out farmer inputs to farmer in Rakai

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# Acronyms

BBW	Banana Bacterial Wilt
CAPCA	Central Archdiocesan Province Caritas Association
CBTs	Community Based Trainers
CBSV	Cassava Brown Streak Virus disease
CIDI	Community Integrated Development initiatives
CKL	Caritas Kasanaensis
CKM	Caritas Kiyinda Mityana
CL	Caritas Lugazi
MADDO	Caritas Masaka Diocese
CMD	Cassava Mosaic Disease
CWD	Coffee Wilt Disease
HH	House holds
IRF	Internal Revolving Fund ICS
	Internal Control System
KARI	Kawanda research Institute
KDTL	KATUKA Development Trust Limited
KLD	Kasana Luweero Diocese
KMD	Kiyinda Mityana Diocese
NAADS	National Agriculture Advisory Services
NARO	National Agriculture Research Organisation
NGO	Non-governmental organization
TWG	Tusuubira Womens Group
HCT	HIV Testing and Counseling





## WORD FROM THE BOARD CHAIRMAN

### Target groups experience systematic development

During one of the preliminary fact finding missions, in the Diocese of Luweero, I asked the Caritas Danmark Secretary General what the price of the 0.25kg coffee pack that was before them would be and approximate cost of packaging it in Denmark.

The price was about 5times higher and further computations indicated that the packaging material in Denmark cost more than the quantity of coffee in that pack in Uganda! This conversation led to the beginning of what turned into a mega development programme in Uganda, implemented by CAPCA and supported by Caritas Danmark/DANIDA...

Coffee, a major income-crop for farmers in our target areas in Uganda is at the fore front of this programme.

By coincidence, three neighboring development organizations; Caritas Kampala, Caritas Kasanaensis and Tusubura Womens' group simultaneously appealed to Caritas Danmark for development support in their areas, the same geographic location, with similar social economic problems, targeting subsistence farmers. In addition, the agencies' thematic poverty-addressing areas were similar; farmer organization, agriculture development, the environment, food security, incomes, gender issues et al.

The agencies therefore came together to address these challenges, hence a joint proposal to Caritas Danmark, under the consortium 'KATUKA' (Kampala, Tusubira women's Group and Caritas Kasanaensis).

Initially supported by Caritas Danmark/DANIDA in 2002, KATUKA began a new era of development cooperation amongst Caritas organizations and other agencies in the central province; the successful implementation of this first phase led to another 5 years phase ending in 2009 that brought the farmers unprecedented socio-economic progress.

The KATUKA project gains were shared with Caritas Lugazi, Caritas Kiyinda Mityana, Caritas Maddo and Community Integrated Development Initiatives (CIDI),

a national NGO, and the Central Province Caritas members.

Caritas Danmark/DANIDA further supported a separate project the CAPCA (Central Archdiocesan Province Caritas Association) implemented in 2006 for the new members, tackling similar aims and objectives.

The target groups and partner members have experienced systematic development through KATUKA and CAPCA; there is better conceptualization of development issues, organizational capacity enhancement; planning agricultural development; improvement in food security and incomes, gender relations and many others.

KATUKA and CAPCA came together in 2010 to implement CAPCA II project, with a focus beyond food security to commercialization, marketing and incomes as well as policy and rooted advocacy facilitated by the national coordinating body, Caritas Uganda.

CAPCA project is part of a wider Central Archdiocesan Strategic community development plan focused on 7 key areas; agriculture and the environment, coffee and cocoa, women, the youth, promotion of cooperatives, savings and credit and market activities.

I extend my gratitude to the farmers who work tirelessly to sustain themselves, the staffs of CAPCA, the Local authorities and government departments who are very supportive of CAPCA activities and to CAPCA partners for their work in their communities. I pay tribute to my fellow bishops, the board members in the respective dioceses of the Central Province for fully embracing the program and giving guidance to their staffs.

I especially extend my appreciation to Caritas Danmark, DANIDA and the people of Danmark for providing the much needed financial support to implement the project.

**+Rit Rev Dr Cyprian K Lwanga**  
**Board Chairman -CAPCA**  
**President Caritas Uganda**  
**President Caritas Africa**



## WORD FROM THE LIAISON OFFICER

### Smallholder farmers' socio-economic conditions improve

**T**his bulletin gives you an over view of CAPCA; its background, aims and objectives, activities, impact, reports and community voices and much more.

As the Liaison Officer of this unique program, I have been party to its development through stages of KATUKA I & II, CAPCA I and now CAPCA II in the last ten years.

CAPCA is a consortium of secular and Caritas organizations each operating in specific locations; Caritas Kampala in Mpigi district, Caritas MADDO in Masaka district, Caritas Kiyinda Mityana in Mubende district, Caritas Kasanaensis in Luweero and Nakaseke Districts, Caritas Lugazi in Mukono district, Community Integrated Development Initiatives (CIDI) in Rakai district, Tusuubira Women's Group in Wakiso district, and Caritas Uganda (an umbrella body for all Caritas organizations in Uganda).

CAPCA is driven by the desire to improve the social economic conditions of smallholder farmers, (SHF) who constitute the bulk of poor Ugandans, the majority of them women. The SHF unfortunately lack investment capital for improved productivity, yet they contribute over 90% of all agriculture produce. Ironically, the allocation of the 2010/2011 national budget to the agricultural sector is 5% only, notwithstanding the government's undertaking within the NEPAD-CAADP framework to allocate at least 10% of the national budget to agriculture.

Research by IFPRI (2008), has demonstrated that if agriculture in Uganda grew at 6% per-annum, the national poverty head count levels would fall from 31% to 17.9% by 2015. For this reason, agriculture remains a key component of Uganda's National Development Plan (NDP), 2010.

Under the NDP, agricultural policies will be implemented via the Development Strategy and Investment Plan, DISP that is committed to; Increasing agricultural production and productivity, Improving market access and value addition for agricultural produce, creation of an enabling environment for investment in agriculture and strengthening agricultural institutions.

Nonetheless, KATUKA and now CAPCA have over the last 3 years worked to;

- Support target households to improve agricultural productivity and food security by promoting commercialized sustainable agriculture and improved natural resource management.
- Support targeted households to improve household incomes, by developing marketing structures that enable their access to favourable and reliable markets especially for coffee.
- Build farmers' capacity to sustainably manage own activities in groups and associations and influence policy on issues affecting them, and developing their ability to participate in lobbying and advocacy.
- Encourage farmers to attend to their welfare through promotion of basic health e.g. nutrition, sanitation, HIV/AIDS awareness.

CAPCA activities substantially complement the current and concluded GoU agriculture and poverty focused programs; the PEAP, PMA and NAADs, hence the very resourceful community mobilization links with local government authorities; and the area government technical staffs, the vehicles of these programs that are critical for the sustainability of efforts. Others are knowledge sharing, research institutions including Makerere University for technology dissemination and uptake by farmers and other relevant institutions.

I do applaud the cooperation of CAPCA staffs in the partner agencies for their commitment and hard work. I commend the CAPCA directors for the continued guidance to their staffs and management and to the CAPCA Board for policy guidance and keen interest in CAPCA activities. I am indebted to the Liaison office team for their tireless efforts to track progress and keep pace and quality.

I most especially pay tribute to Caritas Danmark/DANIDA whose financial support has enabled the undertaking of this worthwhile venture and the target beneficiaries that contribute, toil and sweat to make things happen. I wish you good reading!

**Dr Jjuuko Fulgensio**  
CAPCA Liaison Officer



## WORD FROM THE M&E OFFICER

### Participatory Monitoring Approach (M&E)

**T**he Monitoring and Evaluation (M&E) department measures project progress against the project objectives and planned outputs. It assesses the efficiency, sustainability and effectiveness of a project and determines whether we are implementing the right project, for the right beneficiaries and whether it is benefiting the intended target group. It improves project planning, service delivery, resource allocation and facilitates accountability to key stakeholders.

CAPCA has in this regard adopted a participatory monitoring approach, to bring all stakeholders on board and instill a sense of project ownership among beneficiaries; this will improve the efficiency and effectiveness of the monitoring system, and enhance sustainability of the project.

Under this approach, the M&E Officer coordinates the system in collaboration with the Liaison office staff and makes regular field monitoring visits with participation of the Liaison Officer; the marketing officer monitors the marketing component, while the Chief Accountant monitors the financial component of the project.

Board Members conduct semi-annual monitoring visits, the Directors conduct quarterly monitoring visits, agency Coordinators monitor at least monthly, while extension officers work hand in hand with monitoring committees and the farmers in general on a more regular basis.

The process is guided by the monitoring tools drafted by the Monitoring Officer in consultation with the project staff. Some monitoring committees have involved farmers in the monitoring process, in form of farmer exchange visits; farmers have thus had an opportunity to learn and share good practices and give advice to colleagues where improvement is necessary. This has enforced CAPCA's farmer-farmer extension system and is anticipated to further improve project performance.

I am grateful to the Liaison Officer for his technical guidance and fellow Liaison office staff who have actively participated in the field monitoring visits, enabling us to conduct M&E activities among 210 CAPCA farmer groups and 20 associations

I am also grateful to the agency Coordinators and Extension Officers who administered the first set of the monitoring tools and indeed to all the farmers who participated in the exercise.

**Nakanyike Sylvia Mukasa**  
M&E Officer, CAPCA project.





## A WORD FROM CAPCA MARKETING OFFICE

### Build marketing structures is on going process

**T**he basic role of Marketing Office is to facilitate the process of building marketing structures to support target SHFs in marketing their produce and increase their incomes. On the other hand, the marketing component is also justified by the positive response the SHFs are exhibiting by engaging in commercialized and sustainable agricultural production in central Uganda.

It is encouraging to note that during the last 15 months, since the project was started in 2009, a number of marketing activities have taken place;

In terms of marketing structures, individual SHFs have been able to form nineteen associations, from 210 groups and ten collecting centers at the association level. Each association has an elected executive committee comprising, at least the following; chairman, vice chairman, secretary, treasurer, marketing sub-committee and an M&E sub-committee.

Some of the capacity building initiatives so far done to SHFs include leadership training, sensitization in farming as a business, record keeping, value addition and provision of marketing information.

The project approach of collective marketing is helping the SHFs to use one voice, through their associations, in determining favorable markets for their produce. This is enabling the SHFs to earn reasonable incomes from their sweat and in the process doing away with unscrupulous middlemen who have been exploiting the farmers for a long time. With better incomes, SHFs are expected to access most of their needs, thus improving their quality of life.

I wish to thank the entire CAPCA Staff for the project activities so far well executed. A lot remains to be done as we endeavor to bring on board the entire target 6,480 SHFs to benefit from the project and improve their quality of life. Better results are expected to be achieved through the usual collective effort, strengthening of collective marketing as well as marketing structures.

**Joseph Bukenya**  
**Marketing Specialist**  
CAPCA II Project



## A WORD FROM CHIEF ACCOUNTANT CAPCA

The office of accountant spear heads the accounting function and is supported by eight accountants from the various agencies. The office is charged with the responsibility of preparation of semester and annual financial reports, monitoring financial controls of the project and those instituted by the various agencies which ensure efficient and orderly operations. The monitory supervision ensure the agencies prepare and maintain proper books of accounts and funds received have adequate systems in place for the accountability and transparency. During the monitory visits conducted with the liaison office team, control weakness and risks are identified and recommendations are made to the management of the concerned agencies. The recommendations for improvement are also shared during the management meetings. The chief account supports the budgeting process and ensures availability of funds for the project operation, justifies unexpected fianancial needs and makes periodical funds disbursement to the agencies.

Generally there has been great achievement in our effort to improve our internal control system of the project operations. At this point I should say that we have a sound internal control system that is able to manage and safeguard our finances and assets. The key developments that have come along during the project implementation include, improvement of the group documentation which is a key to our accountability, almost all the groups have existing file, supported with group photo, constitution, list of members and group account. During the financial monitoring, I observed existence of important controls that ensure sound financial management and these include; segregation of duties, authorization of payments, safeguards to project assets and records, existence of management controls for instance recruitment of internal auditors. There is continued presence of staff meetings relating to project issues and compliance with the statutory remittance. However there are a few other weaknesses pointed out in the recently concluded annual audit 2009/2010 that need to be addressed.

That said, the recently concluded organisation capacity assessment points out hick ups that need to be tackled to further improve our financial management. We plan to do so in the coming phase of CAPCA111. The issue of the accounting software has been pertinent to most agencies and a provision has been made for this to be installed in the coming phase, M&E soft ware has also been provided for. These two tools will increase the accuracy and efficiency in our reporting system and I thank Caritas Denmark on this one. There is also provision for development of two key manuals; the financial and human resource manuals that will help us strengthen further our operations and guide the decision making for the project implementers.

**Anthony Mutasingwa**  
**Chief Accountant CAPCA**

## A Map of Uganda showing districts where CAPCA operates





# CAPCA Background

Central Archdiocesan Province Caritas Association (CAPCA) is an umbrella body of the Central Archdiocesan Province that unites the development arms of the dioceses (Caritas) of the central province. It is Catholic faith-based, founded in 2007 by His grace Dr. Cyprian Kizito Lwanga, the Archbishop of Kampala Archdiocese.

CAPCA is a sustainable agricultural project that mainly directs its efforts to improving livelihoods of the poor and vulnerable groups in rural areas, by enhancing food security and better incomes.

It invests in community empowerment programs that contribute to poverty reduction and improve food security by intervening in areas of: farmer organization and capacity building; lobby and advocacy; gender mainstreaming; sustainable agriculture; natural resource management; agricultural marketing; HIV/AIDS mainstreaming and nutrition and sanitation.

CAPCA's Vision is a society free of hunger and poverty; where all people especially the poor, the vulnerable and the marginalized groups enjoy decent standards of living.

Its Mission is to improve the livelihoods of the rural poor by contributing to their food security and alleviating their poverty by providing sustainable,

equitable, participatory and integrated development interventions.

## CAPCA's Core values

- Human dignity
- Accountability
- Transparency
- Teamwork
- Professionalism
- Community involvement
- Love and solidarity
- Justice and peace

## CAPCA Project goals

CAPCA is driven by the strategic goals of:

- Building the capacity of farmers to steer their own development initiatives, by enlightening them to their rights and developing their ability to participate in lobbying and advocacy, to improve their life situations.
- Enhancing food security by promoting commercialized sustainable agriculture and improved natural resource management.
- Improving the incomes of target households by developing their marketing structures
- Improving household welfare by promoting basic health through nutrition, sanitation and HIV/AIDS awareness.



# CAPCA'S Guiding Beliefs

## Our Vision

To build capacity of the marginalized peasant farmers to achieve sustainable socio-economic development.

## Our Mission

“To contribute to poverty alleviation and promotion of sustainable livelihoods among subsistence farmers through improving food security and income of the more vulnerable groups.”

## Our Values

**Human dignity:** We affirm the dignity, potential and contribution of participants, donors, partners and staff.

**Integrity:** We act consistently with CAPCA's mission, being honest and transparent in what we do and say, and accept responsibility for our collective and individual actions.

**Teamwork:** We work together effectively to serve the larger community.

**Excellence:** We constantly challenge ourselves to the highest levels of learning and performance to achieve greater impact.



# Overview

CAPCA II is an agricultural development project operating in nine districts of Mubende, Masaka, Rakai, Mukono, Mpigi, Butambala, Luweero, Nakaseke and Wakiso, where it targets 6,480 households in 216 groups.

It was initiated in 2007 to consolidate the achievement of KATUKA project, which had operated between 2002 and 2007 in three agencies of Caritas Kampala, Caritas Kasanaensis and Tusuubira women's group. On the strength of KATUKA's positive impact on poverty alleviation and food security enhancement among the beneficiaries, CAPCA stakeholders agreed to expand the program to the entire Central ecclesiastical province.

This is a report on the achievements realized by implementing interventions along the CAPCA's thematic areas of:

- Farmer organization and capacity building
- Lobby and advocacy
- Gender mainstreaming
- Sustainable agricultural production
- Natural resource management
- Agricultural produce marketing
- HIV/AIDS mainstreaming
- Sanitation and Health

These interventions are geared towards the project's primary goal of contributing to poverty alleviation by promoting sustainable livelihoods among subsistence farmers, especially in the more vulnerable groups, which were undertaken in 2010.

With DANIDA assistance through a partnership with Caritas Danmark, CAPCA will continue investing in the above community development initiatives to transform rural communities into self-sustainable entities, with improved livelihoods.

Hosted by CIDI, the CAPCA Liaison office coordinates and supervises eight agencies:

- Caritas Kampala in Mpigi district,
- Caritas MADDO, in Masaka district,
- Caritas Kiyinda Mityana in Mubende district,
- Caritas Kasanaensis in Luweero and Nakaseke Districts,
- Caritas Lugazi in Mukono district,
- CIDI in Rakai district and Tusuubira Women's Group in Wakiso district, and
- Caritas Uganda (umbrella body for all Caritas organizations in Uganda).

For effective project implementation and monitoring, the agencies have been divided into two zones: Zone I comprises Caritas MADDO (the lead agency), Caritas Kampala and CIDI Rakai. Zone II, comprises of Caritas Kasanaensis (lead agency), Caritas Lugazi, Caritas Kiyinda Mityana and Tusuubira women's group. Caritas Uganda facilitates the 8 agencies through lobbying and advocacy.

CAPCA has joined a coalition between Caritas Danmark and Uganda, called 'Uganda Governance and Poverty Alleviation Program' (UGOPAP), comprising four partners: CAPCA, EADEN, SIDPII and CU. A technical committee, the 'Program Management Committee' (PMC) has been instituted to strengthen this coalition...it is responsible for coordinating and advising the management of the program activities in general, while the individual partners are responsible for the day to day management of their project activities.

The sections that follow entail the project's briefs about the eight major areas of intervention.







CAPCA staff on monitoring visit in Tusubira Women's Group

## Farmer organization and capacity building

Considering that weak farmer organization is one of the factors constraining agricultural development, CAPCA has based her development initiatives on the formation of groups, the functional units for extension services. While the earlier phases of KATUKA and CAPCA I focused on organizing farmers into viable groups, CAPCA II is based on the strengthening of the existing farmer groups and graduating them to farmer associations, ultimately promoting collective production and marketing.

CAPCA has so far organised farmers into 210 groups (Table 1), with an average membership of 25, each farmer

representing a household. The project registered 5.7% increase in membership among farmer groups by attracting new members to the CAPCA groups...the beneficiaries share the knowledge they gain with the community members who would not benefit directly from the project.

CAPCA has also organized farmers into 20 associations at sub county level, nine of which are engaged in collective marketing as efforts are under way to further consolidate the marketing structure through KATUKA Development Trust (KDTL) - the marketing arm of the project.



Mr. Mbogga Robert of Caritas Lugazi training farmers in financial record keeping





Group verification exercise in Caritas Lugazi

**Table1: Groups/associations in various agencies**

CAPCA Agency	G r o u p s formed	Associations formed	Registration Status
Caritas Kampala	60	1. Buwama Organic Producers, Association (BOPA)	Registered
		2. Kammengo Organic Farmers' Association (KOFA)	Registered
		3.Kituntu Farmers, Association (KICAFA)	Registered
		4.Mutuba I Mpigi Farmers' Association (MUMPIFA)	Registered
Caritas Kasanaensis	43	5.Kasaala Caritas Farmers' Association	Not yet
		6.Katikamu Caritas Development Group	Not yet
		7.Bivamuntuuyo Farmers' Association	Registered
Tusuubira Women Group	14	(Still under formation)	
Caritas MADDO	24	8.BIGANDA farmers' Association	Registered
		9.Kitanda Tukolere wamu Farmers' Association	Not yet
		10.Butenga CAPCA Farmers, Association	Registered
Caritas Lugazi	20	11.Twekembe Naggojje Farmers' Association	Registered
		12.Kimmenyedde Tukolere Wamu Farmers' Association	Registered
		13.Kyampisi Farmers' Association	Not yet
		14.Ntunda Development Farmers' Association	Not yet
Caritas Kiyinda Mityana	24	15.Myanzi farmers' Association	Registered
		16.Kiganda Farmers' Association	Registered
		17.Kassanda Farmers' Association	Registered
CIDI Rakai	25	18.Kakuuto farmers' Association	Registered
		19. Kasasa Farmers' Association	Registered
		20.Lwanda Produce and Marketing Association	Not yet
Total	210	20	14





Ms Maj Forum, Coordinator Caritas Danmark facilitating staff Capacity Building workshop at CANLET

Farmers interested in expanding their coffee plantations for better productivity, targeting the specialty markets (fair-trade and organic) have received support through the Input Revolving Fund (IRF); In MADDO, 6000 clonal coffee seedlings were advanced to farmers, in CL, 1,000 coffee seedlings were given out, 4,000 seedlings in CKL and in CIDI Rakai, 108 farmers received 23,000 coffee seedlings. Eight association stores have been equipped with pallets, tarpaulins, poly bags, stationery and weighing scales. Other groups got funds for maize, pigs, improvement of banana gardens; labour for collecting mulching materials and for putting up soil and water conservation structures.

Farmer groups have been trained in credit and savings to inculcate the culture of saving among farming communities; the three popular saving methodologies are: Savings in Lending Communities (SILC), Village Saving and Lending (VSL) and Community save (CO-SAVE).

As a result, 150 members of CKL's Katikamu sub county saved US\$2,950,000 in two months; in CKM, savings have increased to US\$27,918,000 this reporting period. One Joyce, A farmer from Katikamu FG, in CKL has been hired by other groups and agencies to facilitate their initiation into the SILC methodology, evidence that the saving methodologies build strong groups that in turn build strong and sustainable cohesive associations.

## The beneficiaries

Joyce from CKL....

**Aa** We are happy because of the benefits of working together as a group, especially as each member of the group has part-ownership in the group; it has helped me a lot in that I can afford to take most of my children to private schools. My family has built a permanent brick house and rather than use paraffin candles to light our house, we have graduated to solar power. In addition, my family has enough to eat and even some to sell; we have a water reservoir for roof water harvest, and we have a cow, which we got from the project---all courtesy of CAPCA.

Besides all this, I have just returned from Nairobi to teach this approach to lifting people from poverty.





Mr. Toke from Caritas Denmark training staff in Lobby and Advocacy

## Lobby and Advocacy

Caritas Uganda spearheads lobbying and advocacy to empower grassroots activism that enables people in the CAPCA areas to make demands for their own development. Advocacy enhances collective action in which the populace is alerted, educated, and mobilized to challenge the power holders and the whole society to redress social problems or grievances and restore critical social values in those areas.

CAPCA is building the capacity of the beneficiaries to her interventions, by enabling them to engage in lobbying and advocacy for the improvement of their life situations.

The approach supports participatory development at the community level through consensus about development priorities and action plans...development is the process of achieving societal changes that enable people to lead lives of dignity, by meeting their daily needs and addressing societal challenges, injustices and imbalances in power.

This process of development requires communities to

be organized, resources to be mobilized, services to be provided and human rights to be protected and where violated, to be claimed.

Thus, Caritas Uganda's work is rooted on the social teaching of the church and the understanding that human social advancement has largely been achieved through citizen-based actions that challenge unjust social conditions and policies.

CAPCA employs a rights-based approach, where people are empowered to make own decisions, and claim their rights to opportunities and services in accordance with the human rights norms, with emphasis on transparency, accountability, participatory and nondiscriminatory tendencies.

Farmers have thus increasingly become aware of their fundamental human rights and their obligations to fight for them; with focus on vulnerable women, the poor, orphans and children.



Group discussion during Lobby and Advocacy workshop at CANLET



## CAPCA advocacy results

## Voice

Twekembe Farmers' Group in Nagoje Sub County raised the issue of bad roads, prompting the repair on two feeder roads in their locality and an undertaking that another would be repaired in the financial year 2011/2012.

They took advantage of the recently concluded political campaigns to demand for their rights, some of which have been met; Ntunda development group too raised a 'poor roads' issue and food theft problem; three feeder roads have been repaired, security was beefed up and two thieves were brought to justice.

In Caritas Kampala, Konkoma Integrated Farmers' Group lobbied and attracted a NGO called

"Friends of Children" which deals in education of orphans and under privileged children. Through this organization a total of 98 children got sponsorship to attain formal education, boosting the education of vulnerable children in the community among CAPCA members and non-members.

Buyungo JM, of the same group noted that they lobbied Mpigi District council for support in planting material. Their voice has been answered in the last financial year, where Mpigi district procured 10,000 tissue culture banana plantlets, of which 2000 plantlets were allocated to Mpigi Town Council, where six members from Konkoma Integrated Farmers' Group benefited.

**Mizingu Haruna, CBT of Agali Awamu Kyawatuba farmers group KMD**

We used to travel a long distance to the community tree nursery at Bulyamagunju so we wanted to get a tree nursery in our community. We did not have enough money, but with advocacy skills from CAPCA project, we raised the concern to Luweero triangle minister, Mr Nyombi Tembo. He gave us a granted to procure the required materials. We established the tree nursery; currently we have a stock of 15,000 seedlings.



## CAPCA website

A project website, [www.capcaug.org](http://www.capcaug.org) was set up to facilitate sharing of CAPCA efforts both within and without; it is also a lobby and advocacy tool for fundraising drives.





“

## CAPCA's work empowering women is extraordinary

CAPCA staff receives a token of thanks from farmers of Caritas Kasanaensis

”





## Gender Mainstreaming

Women had been so marginalized that despite their hard work, their access to and control over productive resources, particularly land remains limited. CAPCA is engaged in mainstreaming gender in all its work to influence changes for improving women welfare, transforming its members' perception and attitudes towards gender and the role of women in household and community development.

CAPCA has therefore mainstreamed gender in its interventions, to increase the participation of all able bodied family members in productive agriculture and promote the participation of men and youth in agriculture.

The beneficiaries are so far taking advantage of Universal Primary Education and Universal Secondary Education to have all their children (girls and boys) in school, even among families that initially did not subscribe to this view.

### Benefits

- There are 48.2% women participants among CAPCA groups, in leadership; members take on leadership responsibilities depending on their capacities rather than gender.
- Men's provision of domestic labor among CAPCA families has improved, with the harmonization of family labour for agricultural production, improving gender relations where all able bodied family members are encouraged to participate in agricultural production.
- The involvement of women in decision making, especially on marketing and disposition of family income accruing from sales of agricultural products has greatly improved.



### **Mrs Ssemuddu Regina of Bakusekamajja FG, CL**

I have got a lot of encouragement from other women...our group has 30 members, eight of them men; husbands have come round to cooperate and work with their wives, having seen the productivity of their spouses.

### **Kaggwa Andrew, Gayamba FG, CKL.**

We have had a very remarkable change in the atmosphere in our home; my wife and I would in the past pick at each other and squabble at every excuse, apparently because we were in poverty, hence stressed. We can now afford to meet our children's education needs from our piggery and poultry proceeds; we have achieved a lot, built and have a good house and have a very productive kitchen garden...; our children are properly nourished

### **Mrs Annet Kyanjo, from Bivamuntuuyo FG, CK**

We have learnt to work together as a group and also as families and cooperate as husbands and wives.

### **Namugerwa Joweria of Tukolebukozzi Group, CIDI Rakai.**

I used to think that women were not born to be leaders, but CAPCA changed my thinking! you know what, I can now also speak in public unlike in the past when I was shy and self-conscious... am now an effective woman leader, ...and it is not only me; many women are office bearers in the association. I now hold important leadership position in my group as the Secretary, I am on the executive of Kasasa farmers' association, I am a board member of KDTL representing Masaka and Rakai districts and I am also a farmers' representative on Centenary Bank Board for Kyotera branch!



Working together; Caritas Masaka farmers weeding in a group passion fruit garden.





Pupils of St. Cyprian P/s in Kyabakadde CL taking home a jackfruit to supplement a meal



Mrs. Jalia of Caritas Lugazi mulching her banana plantation



Mrs. Matovu of Caritas Lugazi teaches her grand children to harvest a piece meal of sweetpotatoes

# Sustainable Agricultural production

Sustainable agricultural practices translate into increased agricultural productivity, by freeing farmers from persistent poverty. CAPCA is therefore promoting sustainable agricultural practices through farmer-to-farmer extension system. CAPCA has trained 432 voluntary Community Based Trainers (CBTs), where each farmer group has two CBTs training fellow farmers among the farmer group; each member farmer also trains at least five other members, spreading the effect even among non CAPCA members.

Sustainable Agricultural Practices (SAPs) have been the gist of CAPCA's development initiatives, exposing farmers, among other benefits to: organic means of controlling

pest and diseases; soil and water conservation practices like trenches and mulching; making and applying compost and liquid manure to improve soil fertility.

Farmers have also learnt crop and animal husbandry, where they have acquired skills in recommended management practices, housing, and feeding and livestock hygiene. They have learnt: crop rotation, spacing, weed control and pruning in crop husbandry. By implementing these skills and practices the farmers have had their livelihood improved and the project has surpassed the target for food security by 4%..., 74% of the members are food secure.

## Voices



### **Matovu Jimmy of Akezimbira Group, CIDI Rakai**

I had a total farm size of 6 acre but I was only using 2 acres, just digging anyhow! but after receiving trainings in Sustainable Agricultural practices and commercializing farming, I decided to use all my land. CAPCA has supported me with Agricultural inputs like; Banana suckers, Coffee seedlings, cassava cuttings among others. As I talk now, I have 4 acres of Banana plantations and 2 acres of coffee. I practice Sustainable Agriculture Practices. My home income has improved, we have enough food to eat and surplus for sale, thanks to the CAPCA team!

### **Ms Joyce Nakaweesa from Kyosiga ky'okungula FG, KMD**

We can now get vegetables readily, any time of the day and nights, since the crop husbandry techniques we have acquired allow us to grow them just outside the house. We can now look after our banana plants properly; by keeping them fertile and without pests.

### **Auma Annet, of Central Zone FG, CL**

Since CAPCA came around, we produce enough food for our consumption and sell some, hence meeting our children's education needs is not much of a challenge any more; the household monthly income has substantially increased, and we have learnt to spend wisely. From a prior income of US\$40,000 or less, we now earn a conservative average US\$100,000 per month, enabling us to meet all our domestic needs. Through CAPCA projects, our children now actively participate in our domestic work...and our neighbours have learnt from us and do just like we do. I earnestly encourage those who have been aloof to join CAPCA

### **Mrs Madelena Kiwanuka of Kamu-Kamu group, CKL**

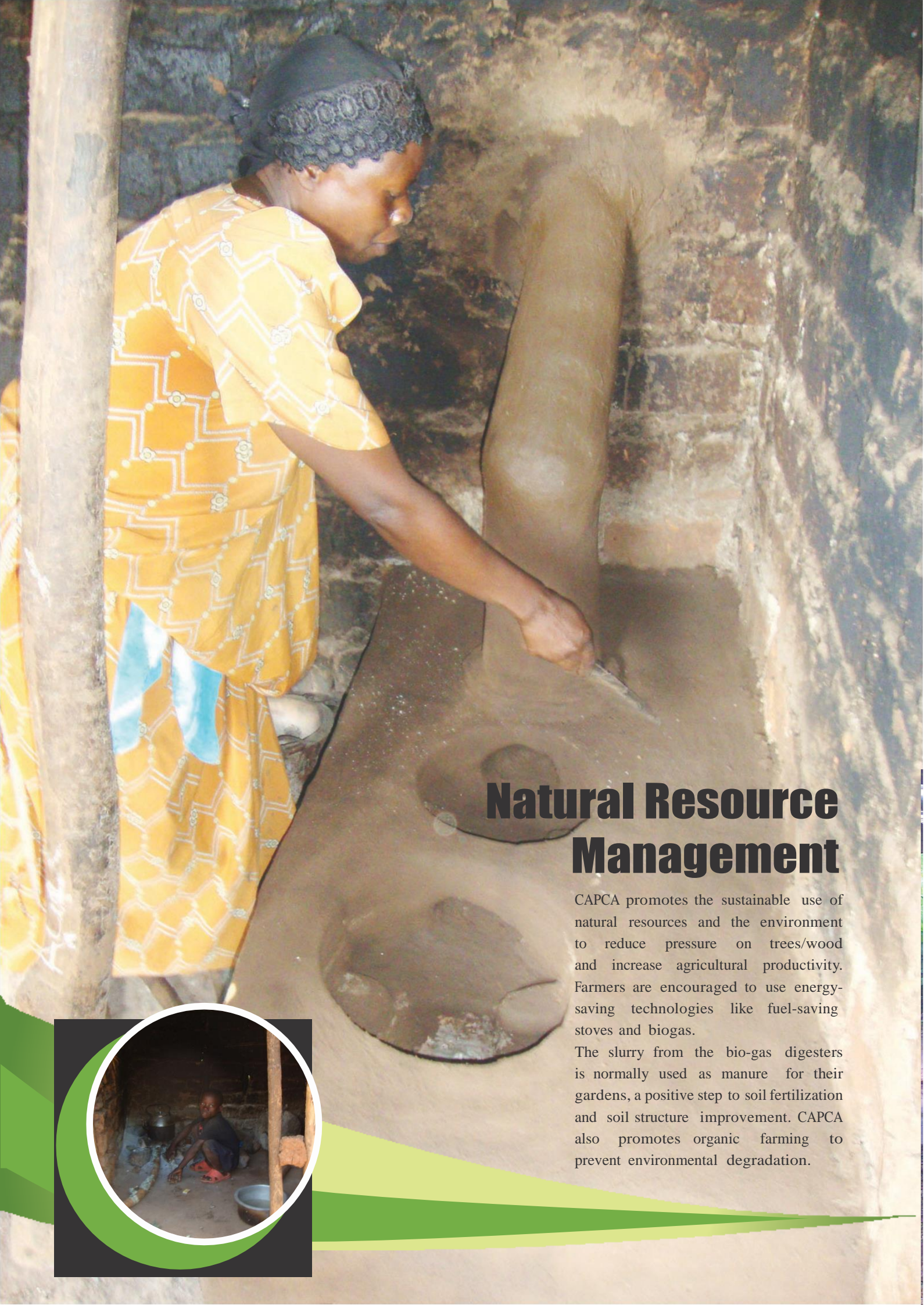
I harvested 17bags of maize from the last season...my son, is participating in this work, seeing that I am productive and developmental; there is no shortage of food in the household---no hunger any more.



### **Namawejje from Kiddawalime FG, CK**

CAPCA has trained to start up income generating activities, I am now engaged in poultry farming, I have 500 layers, I got a cow from the project, besides spades, hoes and a wheel-barrow; the dung from the cow manures my banana plants, which are now so healthy and high yielding that, the bunches I sell fetch handsome money. I can now afford to pay my children's fees and sustain myself since am a widow

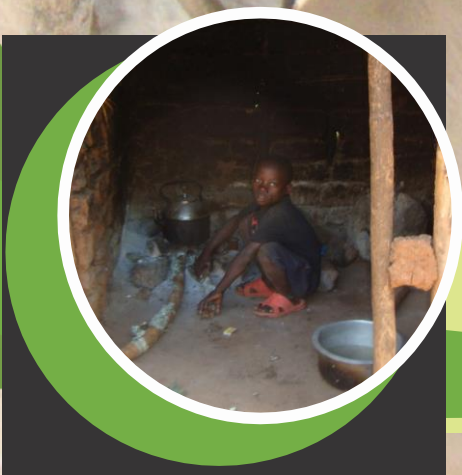




# Natural Resource Management

CAPCA promotes the sustainable use of natural resources and the environment to reduce pressure on trees/wood and increase agricultural productivity. Farmers are encouraged to use energy-saving technologies like fuel-saving stoves and biogas.

The slurry from the bio-gas digesters is normally used as manure for their gardens, a positive step to soil fertilization and soil structure improvement. CAPCA also promotes organic farming to prevent environmental degradation.





**Nalongo Esther of Kamukamu A FG, CKL**

I have learnt to protect the environment; CAPCA has allowed non Catholics like some of us to join the association and benefit from it--I have made friends, I now know how to dig trenches to conserve the soil. I used to use four bundles of firewood per week, but after putting up fuel saving stoves, I now use only one bundle of wire wood for a whole week.



**Mrs Annet Kyanjo from Bivamuntuuyo FG, CK**

I got a cow from KATUKA, which has so far calved five times; I passed on to another member in the group. Apart from milk, I have benefited a lot from dung. Through collaboration with Vi, I was assisted to set up a biogas plant. I can use it for cooking and lighting up the house at night. I do not buy paraffin anymore! In fact have not been affected by the increasing fuel prices! The slurry has been very useful in improving soil fertility in my banana garden, and also in my kitchen garden for vegetables..... I eat vegetables throughout the year! In addition, I exchange cow dung for slurry with farmer in the neighborhood because slurry is better than dung in improving soil. I get more dung to feed the bio-digester as my neighbours get slurry to feed their plants.

**Abisaaji Kasumba, of Kawututu FG, CL**

CAPCA made me realize the importance of environmental conservation, I have now planted a forest of over 7000 eucalyptus trees from which I get poles and firewood... I sell some of these to get income. I also have a tree nursery where I establish the seedlings. Fellow group members, usually buy seedlings from me. Above all, the trees provide a healthy environment!







## Agricultural Produce Marketing

After hitting the target for food security, CAPCA has embarked on a drive for commercial farming, by encouraging farmers to expand their fields especially of coffee, maize, beans banana among other enterprises.

The marketing office periodically shares Info-trade market reports (from FIT Uganda Ltd) on prevailing market prices for Agricultural commodities with agencies and farmers at grass roots. Farmers are involved in market search, designing market structures and identifying collection centers (stores).

Collective marketing has commenced in some of the agencies; at CIDI Rakai 143tons of FAQ was sold; 1.7 tons of FAQ were sold at Caritas Kampala; 1.93 tons of FAQ were sold at Caritas Kasanaensis and 3.42 tons of maize flour was sold at Caritas Lugazi. At Caritas Kiyinda Mityana, 2.0 tons of FAQ were sold; 87 tons of maize was sold at Caritas MADDO, and 2.15 tons of maize was marketed by groups at Caritas Kiyinda Mityana.

772 farmers were registered and have been certified for Fair trade and Organic farming by CERES, an international Organic certifier in Germany.



Kiboko weighing at the store of Kituntu Caritas farmers' association





Farmers deliver their coffee at a group store for bulking



Farmers weigh their coffee at a group store



A total of 4270 kg. of dried coffee (kiboko) can be collected from farmers and processed at Buwama coffee hullery, giving an outturn of 2348.5 kg. of FAQ. The farmers sell each kg of FAQ at Shs. 4400/=.

## Voices

### Nakajubi Stephania of Tusitukire wamu Group, CIDI Rakai.

I used to sell raw coffee to earn quick money, but after receiving trainings on value addition and collective marketing from CAPCA staff, my eyes were opened, I realized I was getting 'pea nut' from my sweat but struggling for middle men "Bakirebe". I now have access to better market and selling as a group reduces transport costs. As a group we all agreed to begin with coffee, all group members agreed to dry according to the "CAPCA standards", all members collect their coffee together and each bag of coffee is marked by names of owners and kilograms in the bag, three members (marketing officers) take the coffee to factory. what is so interesting, on the vehicle I only loaded three bags each bag weighing 70kgs but to my surprise Mr. Kaggwa our marketing Officer brought back U shs 600.000/= and told me that, that was my money from the three bags I loaded on the vehicle!!!!!!!!!!!! That was too much for me! I had never dreamed of getting such money from my coffee!! I also got coffee husks, which I used as fertilizers in my banana plantation. Long live CAPCA project!



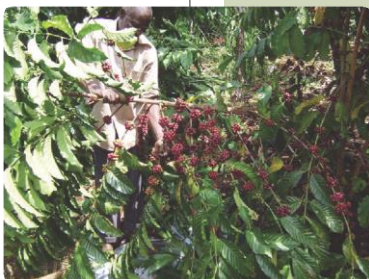
### Haji Bruhani Ssemakula of TWG

Using the money from my farm enterprises, I have now diversified into real estate.... With the new sub county that has been granted close by, I have no doubt; staff will rent my housing facilities for residence.



### Kibirige Emmanuel of Kiswa Kwekulakulanya, CK

I have become self reliant through efforts of CAPCA... I have sufficient food throughout the year and I sell the surplus to nearby markets. Most importantly, I earn a lot of money from coffee! I am grateful for the incalf heifer I got, which has so far delivered 4 heifers, I have already passed on one to Namusisi.... one of the members in Kiswa kwekulakulanya, my group. The cow produces at least 15 litres of milk every day, I sell at least 10 liters at 800/= per liter, hence I earn at least 800/= per day from milk sales.



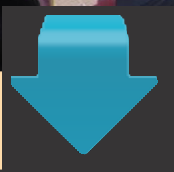
### Adam Chandi, Zinunula FG, CKL

I have learnt good apiary practices and every member of our group has acquired a hive or two and we got market for our honey and bees wax from two companies; we sell a kilogram of honey for US\$10, 000. Some of us make candles from the spare bees wax and others make shoe polish. About 20 of the group keep bees---a very good environmentally friendly practice...

### Margaret Nassali of TWG

I had five acres to cultivate both food and cash crops, but after the land lord sold off all the land and left me with half an acre of land, I had to devise means to survive. Basing on CAPCA trainings, I resorted to mushroom growing because it does not require a lot of land. From a space of 15" x 8", I earn at least 640,000 per harvest of mushrooms at a rate of 35,000/= per kilogram of dry mushrooms.





## HIV/AIDS mainstreaming



HIV/AIDS was declared a development and security crisis in the country in the year 2000. In response, CAPCA embarked on mainstreaming HIV/AIDS into its activities to have a productive farming society free from HIV/AIDS.

CAPCA efforts include: equipping project staff with knowledge and skills in mainstreaming HIV/AIDS; educating communities on the prevalence, causes and effects of HIV/AIDS and basic care for people living with HIV/AIDS; training communities to apply nutritious recipes for people infected with HIV/AIDS, by supporting them to produce the foods they need such as vegetables, fruits and poultry and linking people living with HIV/AIDS to service providers delivering preventive services, HIV counseling and testing, and other palliative care.

Under this initiative through collaboration with health departments and projects, CAPCA's many beneficiaries have tested for HIV/AIDS of whom 66 were HIV+ and were advised to visit health centers for medication (ARVs). In CK victims were advised to visit Nsambya hospital, in CIDI Rakai to Rakai health Center, in MADDO to Kitovu mobile clinic and Naggalama hospital for CL among others.

CAPCA has also published guidelines on HIV/AIDS mainstreaming for awareness-creation on HIV/AIDS.

### Voice

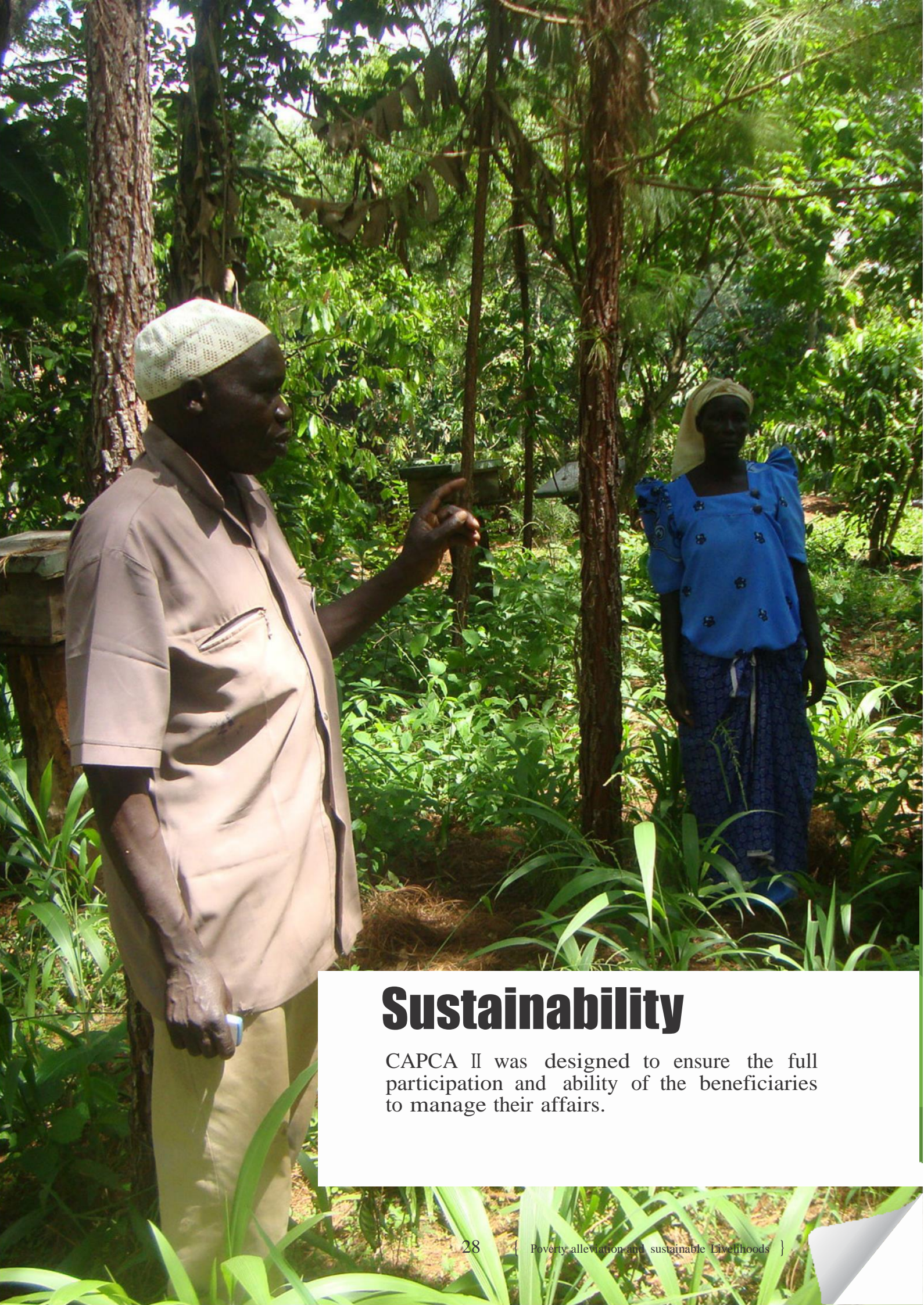
#### **Luyombya Florence from Bugagga Ntuuyo FG, CK**

HIV/AIDS was a major challenge in this area, we were burying people every other day! Having acquired leadership skills and other trainings from CAPCA, I mobilized members and we linked up with Mpigi health Center. This center collaborates with Mulago hospital to render services on Voluntary Testing and Counseling (VCT). So far 20 members from my group have accepted to go for VCT and those who were found HIV positive (whom I beg not to disclose to you.....), can now access ARVs. On top of that, we access free drugs for malaria and for deworming our children.

#### **Hajati Mugambe Maimuna of Mumukama byonna bisoboka FG, CL**

We decided to fight HIV/AIDS as a group, we encourage people to go to Nagojje Health Center, for VCT, we do home visits among affected families. Many people have opened up and have shared their status with other community members.... and stigmatization has reduced.





## Sustainability

CAPCA II was designed to ensure the full participation and ability of the beneficiaries to manage their affairs.





## Sanitation and Nutrition

CAPCA recognized that producing large amounts of food is not sufficient to ensure good nutrition and health at household level. The project therefore provides skills and knowledge on basic concepts of nutrition as well as sanitation principles. As a result, hygiene and sanitation has improved in most households. Beneficiaries have put up pit latrines, hand washing facilities called 'tiptap', utensil drying racks and garbage pits among others. Regarding nutrition, many farmers have put up vegetable gardens called

'kitchen gardens' around their homes, to ensure constant supply of vegetables. Most farmers confessed that they only buy sauce when they need meat or fish otherwise the kitchen gardens are sufficient. Many farmers have planted fruits especially pawpaw, oranges, mangos, jackfruits, avocados and passion fruits among others. The vegetables and fruits together with the various foods they grow ensure a balanced diet and hence good health among households.



Fr. Benny, Board Member Caritas Danmark using a tip-tap in Caritas Lugazi





## Voices

### Kayima Deborah, from KIKYADA, CK

Most of us did not care about the state of our hygiene until CAPCA came around...our nutrition was poor as we did not even have green vegetables and worse still we did not have adequate food for our households.



### Teddy Kafeero of Kuteesa "B" group CIDI Rakai

"Thanks be to God and CAPCA project! I can't believe that this is my home where by before the coming of CAPCA, I never wanted visitors in my home. We were falling sick frequently due to poor sanitation. But now I have spent four years without serious illness. We had no utensil drying rack in this home, I could spend a week without cleaning my compound, we could not take a bath during day time because I had no bathroom.... let me stop there because when I remember that situation I feel so ashamed! But as I talk now you can see the situation yourself, all the sanitary facilities are in place and the home is clean, am so proud of my home!"

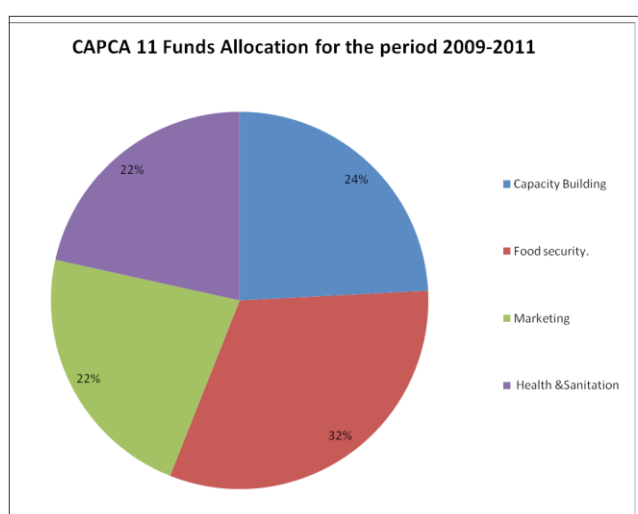






# Finance

CAPCA II Funds allocation for the period 2009-2011			
Objectives	CAPCA II Funds Allocation for the period 2009-2011	CARITAS DENMARK CONTRIBUTION	LOCAL CONTRIBUTION
Capacity Building	938,043,280	902,825,360	35,217,920
Food security.	1,234,733,162	1,120,626,565	114,106,597
Marketing	870,895,300	835,372,380	35,522,920
Health & Sanitation	835,510,505	788,537,945	46,972,560



Total budget	Caritas Denmark	Local contribution
3,879,182,248	3,647,362,251	231,819,997
100	94	6

Objective 1 :Capacity Building	Objective 3 :Marketing
Group Dynamics, financial management and savings	Formation of Associations and equipping them
Training of trainers in Adult Literacy	Farm Business and Marketing
Participatory Monitoring and Evaluation	Internal Control System Evaluation and Update
Training of trainers in Advocacy	Annual Organic and Fair-trade Registrations and Inspections
IEC Materials and Policy Briefs	
Farmer Forums	Objective 4 :Health & Sanitation
Public Dialogues	Nutrition Education
Rights approach to development	HIV&AIDS Sensitization
Objective 2: Food security.	Sanitation and Hygiene
Gender Mainstreaming	
Training of CBTs,	
On-farm Training of farmers	
Farm input for Model Farms and strengthen group revolving funds	
Training in natural resource management	
Water harvesting technologies demonstrations	



Staff of CIDI Rakai giving out farm inputs to farmers



A farmer in Caritas MADDO demonstrates how to make a compost manure



A farmer in Caritas Kasanaensis showing her acre maize garden



A farmer in Tusuubira women's group showing a high yielding vanilla plant



A farmer in Kiyinda Mityana takes care off her coffee seedlings in the coffee nursery



Mr. Muwanga in Caritas Lugazi showing his banana harvest ready for collective marketing with other group members





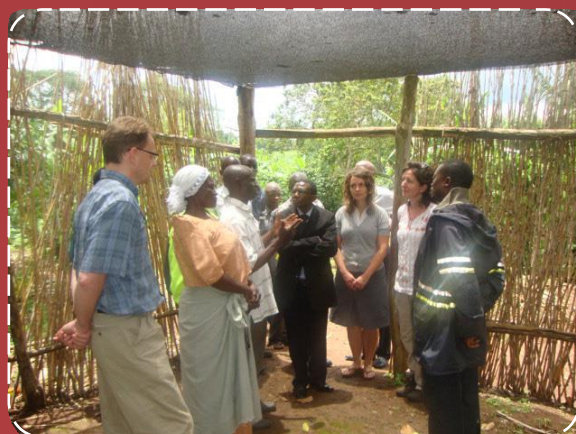
CAPCA Board members during their meeting



Training of Trainers in Functional Adult Literacy in Caritas Kampala



The Danish Ambassador (in middle) after a field visit in Caritas Lugazi



Secretary General (Left), Coordinator Caritas Danmark (middle) and The Danish Ambassador during a field visit in Caritas Kiyinda Mityana



Mr. Jasper inspecting an underground water tank in Caritas Kiyinda Mityana



A CBT (right) showing a CAPCA bicycle to Prof. Kaaya one of the Board Members





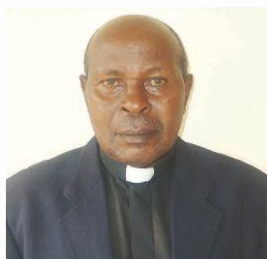
## Board members



**+Rit Rev Dr. Cyprian K Lwanga**  
**CAPCA Baord Chairman**



**Prof. Achilleo Kaaya**  
**Vice Chairman Board CAPCA**



**Msgr. Francis Ndamira**  
**Director Caritas Uganda**



**Fr. Semmanda** Director  
**CARITAS MADDO**



**Fr. Hillary Muheezangango**  
**Director Caritas Kasanaensis**



**Nava Maria Telenza** Director  
**Tusubila Womens Group**



**Fr. Musumba** Director  
**Caritas Kampala**



**Fr. Athanasius Kafeero**  
**Assistant Director Caritas**  
**Lugazi**



**Fr. Joseph Ssekyewa**  
**Director Caritas Kiyinda**  
**Mityana**



**Dr. Fulgensio Jjuuko**  
**Liaison Officer CAPCA**  
**Project**





## CAPCA staff



Nakanyike Sylvia Mukasa  
**Monitoring and Evaluation  
Officer CAPCA**



Joseph Bukenya  
**Marketing Officer CAPCA**



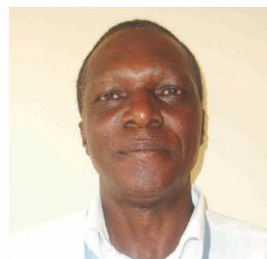
Anthony Mutasingwa  
**Chief Accountant CAPCA**



Davis Lubwama **Coordinator  
Research and Advocacy Unit  
Caritas Uganda**



Vincent Edoku **Research  
and Advocacy officer  
Caritas Uganda**



Thomas Mayega  
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Kasanaensis**



Francis X. Sekalenga  
**Coordinator Caritas MADDO**



Aloysious Mwaziiza  
**Coordinator Caritas Kiyinda  
Mityana**



Florence lumala  
**Coordinator Caritas Lugazi**



Heinrich Mukalazi  
**Coordinator Tusubira  
Women's Group**



Grace Iwanga  
**Coordinator Caritas Kampala**



Richard Njogerere  
**Coordinator CIDI Rakai**



Geoffrey Lubinga  
**Extension Officer CIDI Rakai**



Francis Kiwanuka **Extension  
Officer Caritas Kampala**



John Mayanja Suuna  
**Extension Officer Caritas  
MADDO**





## CAPCA staff



Joseph Kiwanuka **Extension  
Officer Caritas Kampala**



Mathias Kizza **Extension  
Officer Caritas Kiyinda  
Mityana**



Nakitto Frank **Extension  
Officer Caritas MADDO**



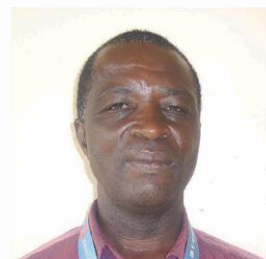
Edward Kyabaggu  
**Extension Officer CIDI Rakai**



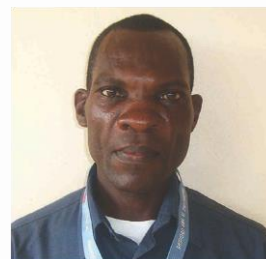
Denis Kabiito **Extension  
Officer Caritas Kasanaensis**



Nankya Olivia **Extension  
Officer Caritas Kampala**



Francis Lubowa **Extension  
Officer Caritas  
Kasanaensis**



Fred Lukwago **Extension  
Officer Tusubira Women's  
Group**



Male John Baptist **Extension  
Officer Caritas Kiyinda  
Mityana**



Kakanga George **Extension  
Officer Caritas Kiyinda  
Mityana**



Aida Bukenya **Extension  
Officer Caritas Lugazi**



James Cleto Mumbeere  
**Extension Officer Caritas  
Lugazi**



Dr. Kasirye Fred **Extension  
Officer Caritas  
Kasanaensis**



Dr. Bugembe Richard  
**Extension Officer Caritas  
Kampala**





## CAPCA staff



Namatovu Margaret **Accounts Assistant Caritas MADDO**



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Nampala Violet **Accounts Assistant CIDI Rakai**



Henry Yiga  
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Mary Lucy Yiga **Accounts Assistant Caritas Lugazi**



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Nakayenga Sylvia  
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Bosco Musiba  
**Driver CAPCA Project**



Fred Lubega  
**Driver CAPCA Project**





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Central Archdiocesan Province  
Agriculture Development Project

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**CAPCA II PROJECT**